# Gamma-GT FS\*

# Szasz mod./IFCC stand.

Diagnostic reagent for quantitative in vitro determination of gamma-glutamyltransferase (gamma-GT) in serum or plasma on photometric systems



### **Order Information**

Cat.No: 128019934841

Kit Size: R1: 2 x 20 mL; R2: 1 x 10 mL

## Summary

Gamma-glutamyltransferase (gamma-GT/GGT), also called gamma-glutamyltranspeptidase, is an enzyme present in liver and bile duct which is the most sensitive indicator of hepatobiliary diseases. Because of a high negative predictive value for these diseases the measurement of gamma-GT is widely used to rule out a hepatic or biliary origin. Together with other enzymes such as alanine aminotransferase (ALAT), aspartate aminotransferase (ASAT) and cholinesterase gamma-GT is a valuable tool for the differential diagnosis in liver diseases. [1]

## Method

Kinetic photometric test according to Szasz/Persijn [2]. The test has also been standardized to the method according to IFCC (International Federation of Clinical Chemistry) [4]. Results according to IFCC are obtained using a special factor or, in case a calibrator (TruCal U) is used, by use of the calibrator value given for the IFCC method.

# **Principle**

Gamma-GT catalyzes the transfer of glutamic acid to acceptors like glycylglycine in this case.

This process releases 5-amino-2-nitrobenzoate which can be measured at 405 nm. The increase in absorbance at this wavelength is directly related to the activity of gamma-GT.

L-Gamma-glutamyl-3-carboxy-4-nitranilide + Glycylglycine

< Gamma-GT >

Gamma-glutamyl-glycylglycine + 5-Amino-2-nitrobenzoate

#### Reagents

# **Components and Concentrations**

R1:	TRIS Glycylglycine	pH 8.28	135 mmol/L 135 mmol/L
R2:	L-Gamma-glutamyl-3- carboxy-4-nitroanilide	pH 6.00	22 mmol/L

# Storage Instructions and Reagent Stability

The reagents are stable up to the end of the indicated month of expiry, if stored at  $2-8^{\circ}C$  and contamination is avoided. Do not freeze the reagents! Reagent 2 must be protected from light.

# **Warnings and Precautions**

- The reagents contain sodium azide (0.95 g/L) as preservative.
   Do not swallow! Avoid contact with skin and mucous membranes.
- In very rare cases, samples of patients with ammopathy might give falsified results [8].
- Please refer to the safety data sheets and take the necessary precautions for the use of laboratory reagents. For diagnostic purposes, the results should always be assessed with the patient's medical history, clinical examinations and other findings.
- 4. For professional use only!

# **Waste Management**

Please refer to local legal requirements.

# **Reagent Preparation**

#### Substrate Start

The reagents are ready to use.

#### Sample Start

Mix 4 parts of R1 + 1 part of R2

(e. g. 20 mL R1 + 5 mL R2) = mono-reagent Stability : 4 weeks at  $2-8^{\circ}$ C 5 days at  $15-25^{\circ}$ C

The mono-reagent must be protected from light.

### Materials required but not provided

NaCl solution 9 g/L

General laboratory equipment

## Specimen

Serum, heparin plasma

Stability [6]:

at least 1 week between -20 °C and +25 °C

Only freeze once!

Discard contaminated specimens.

## **Assay Procedure**

# Application sheets for automated systems are available on request.

Wavelength 405 nm (400 – 420 nm)

Optical path 1 cm Temperature 37°C

Measurement Against reagent blank

#### Substrate start

	Blank	Sample	
Sample/Calibrator	=	100 μL	
Dist. Water	100 µL	-	
Reagent 1	1000 µL	1000 μL	
Mix, incubate for approx. 1 mi	n., then add:		
Reagent 2	250 µL	250 µL	
Mix, read absorbance after 1 min. and start stopwatch.			
Read absorbance again after	1, 2 and 3 min.		

# Sample start

Sallible Start				
•	Blank	Sample		
Sample/Calibrator	100 μL	-		
Dist. Water	100 μL			
Monoreagent	1000 µL	1000 μL		
Mix, read absorbance after 1 min. and start stopwatch.				
Read absorbance again after 1, 2 and 3 min.				

### Calculation

# With factor

From absorbance readings calculate  $\Delta A/min$  and multiply by the corresponding factor from table below:

#### △A/min x factor = Gamma-GT activity [U/L]

		Szasz	IFCC
Substrate star	t 405 nm	1421	1606
Sample start	405 nm	1158	1309

# With calibrator

 $\gamma$  – GT [U / L] =  $\Delta$ A/min Sample  $\Delta$ A / min Calibrator  $\Delta$ A / min Calibrator

# Conversion factor

 $GGT [U/L] \times 0.0167 = GGT [\mu kat/L]$ 

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#### Calibrators and Controls

In case TruCal U is used as a calibrator, use the according calibrator value for the Szasz method respectively for the IFCC method. For calculation according to IFCC, standardization was performed against the original IFCC formulation. For internal quality control DiaSys TruLab N and P controls should be assayed.

Each laboratory should establish corrective action in case of deviations in control recovery.

	Cat. N°		Kit	size
TruCal U	5 9100 99 10 063	20	х	3 mL
	5 9100 99 10 064	6	Х	3 mL
TruLab N	5 9000 99 10 062	20	Х	5 mL
	5 9000 99 10 061	6	Χ	5 mL
TruLab P	5 9050 99 10 062	20	Х	5 mL
	5 9050 99 10 061	6	Х	5 mL

### **Performance Characteristics**

## Measuring range

On automated systems the test is suitable for the determination of gamma-GT activities up to 1200 U/L.

In case of a manual procedure, the test is suitable for gamma-GT activities which correspond to a maximum of  $\Delta A/\min$  of 0.20. If such values are exceeded the samples should be diluted 1 + 5 with NaCl solution (9 g/L) and the results multiplied by 6.

#### Specificity/Interferences

No interference was observed by ascorbic acid up to 30 mg/dL, bilirubin up to 40 mg/dL, hemoglobin up to 400 mg/dL and lipemia up to 2000 mg/dL triglycerides. For further information on interfering substances refer to Young DS [7].

# Precision

# Sensitivity/Limit of Detection

The lower limit of detection is 2 U/L.

Female	Male		
Intra-assay	Mean	SD	CV
precision n = 20	[U/L]	[U/L]	[%]
Sample 1	39.9	0.99	2.48
Sample 2	73.6	0.85	1.16
Sample 3	206	1.32	0.64

Inter-assay precision n = 20	Mean [U/L]	SD [U/L]	CV [%]
Sample 1	41.5	0.62	1.49
Sample 2	72.3	0.61	0.85
Sample 3	204	0.74	0.36

# **Method Comparison**

A comparison of DiaSys Gamma-GT FS (standardized to IFCC) (y) with the IFCC reference reagent (x) using 51 samples gave following results:

y = 1.005 x - 0.741 U/L; r = 0.999

A comparison of DiaSys Gamma-GT FS (according to Szasz) (y) with a commercially available test according to Szasz (x) using 51 samples gave following results:

y = 0.996 x + 1.354 U/L; r = 1.000

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# Reference Range

According to Szasz [5]
Women < 32 U/L < 0.53 μkat/L
Men < 49 U/L < 0.82 μkat/L

#### According to IFCC

Adults[4]	< 38 U/L	< 55 U/L
Children / adolescents [1]		
1 day – 6 months	15 – 132 U/L	12 – 122 U/L
6 months – 1 year	1 – 39 U/L	1 – 39 U/L
1 – 12 year(s)	4 – 22 U/L	3 – 22 U/L
13 – 18 years	4 – 24 U/L	2 – 42 U/L

Adults[4]	Female µkat/L < 0.63	Male µkat/L < 0.92
Children/adolescents [1]		
1 day – 6 months	0.250 - 2.20	0.200 - 2.03
6 months - 1 year	0.017 - 0.651	0.017 - 0.651
1 – 12 year(s)	0.067 - 0.367	0.050 - 0.367
13 – 18 years	0.067 - 0.401	0.033 - 0.701

Each laboratory should check if the reference ranges are transferable to its own patient population and determine own reference ranges if necessary.

## Literature

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