

QDx Instacheck™ Testosterone

INTENDED USE

QDx Instacheck™ Testosterone along with QDx Instacheck™ Reader is a fluorescence Immunoassay (FIA) for the quantitative determination of Testosterone in human serum/plasma. It is useful as an aid in management and monitoring of androgen level.

INTRODUCTION

Testosterone (17β-hydroxyandrost-4-en-3-one) is an anabolic steroid synthesized primarily by Leydig cells in the testes of male, the ovary of female, and adrenal glands of both sexes¹. It is synthesized from cholesterol, androstenediol, Dehydroepiandrosterone (DHEA), progesterone, and pregnenolone acting as some of the intermediate substrates. Testosterone level in male increase 10 to 20-fold during puberty, driving the physiological changes associated with male puberty. It also exerts a powerful, wide-ranging influence over emotional well-being, sexual function, muscle mass and strength, energy, cardiovascular health, bone integrity, and cognitive ability throughout a man's entire life. In the blood only 1 to 15 % of testosterone is in its unbound or biologically active form. The remaining testosterone is bound to serum proteins.

PRINCIPLE

The test uses a competitive immunodetection method; In this method, the target material in the sample bind to the fluorescence (FL)-labeled detection antibodies in the detection buffer, to form the complex as sample mixture. This complex is loaded to migrate onto the nitrocellulose matrix, where the covalent couple of testosterone and bovine serum albumin (BSA) is immobilized on the test strip, and interferes with the binding of target material and FL-labeled antibody. If the more target material exists in blood, the less detection antibody is accumulated, resulting in the less fluorescence signal.

COMPONENTS AND REAGENTS

QDx Instacheck™ Testosterone consists of 'Cartridges', 'Detection Buffer Tubes', 'Sample Mixing Tubes', 'Displacing Reagents' and an 'ID chip'.

- The cartridge contains a test strip, the membrane which has BSA-conjugated human testosterone at the test line, with KLH at the control line.
- Each cartridge is individually sealed in an aluminum foil pouch containing of a desiccant. 25 sealed cartridges are packed in a box which also contains an ID chip.
- The detection buffer contains anti human testosterone-fluorescence conjugate, bovine serum albumin (BSA) as a stabilizer and sodium azide as a preservative in phosphate buffered saline.
- The detection buffer is pre-dispensed in a tube. 25 detection buffer tubes are packaged in a box and further packed in a Styrofoam box with ice-packs for shipping.
- The displacing reagent contains anti KLH-fluorescence conjugate as a stabilizer and sodium azide in phosphate buffered saline (PBS) as a preservative. The displacing reagent is dispensed in a vial.

WARNINGS AND PRECAUTIONS

- For *in vitro* diagnostic use only.
- Carefully follow the instructions and procedures described in this 'Instruction for use'.
- Use only fresh samples and avoid direct sunlight.
- Lot numbers of all the test components (Cartridge, ID chip, Detection buffer and Displacing Reagent) must agree each other.

- Do not interchange the test components between different lots or use the test components after the expiration date, either of which might yield misleading test result(s).
- Do not reuse. A detection buffer tube should be used for processing one sample only. So should a cartridge.
- The cartridge should remain sealed in its original pouch before use. Do not use the cartridge, if is damaged or already opened.
- Frozen sample should be thawed only once. For shipping, samples must be packed in accordance with the regulations. Sample with severe hemolytic and hyperlipidemia cannot be used and should be recollected.
- Just before use, allow the cartridge, detection buffer and sample to be at room temperature for approximately 30 minutes.
- QDx Instacheck™ Testosterone as well as the QDx Instacheck™ Reader should be used away from vibration and/or magnetic field. During normal usage, it can be noted the QDx Instacheck™ Reader may produce minor vibration.
- Used detection buffer tubes, pipette tips and cartridges should be handled carefully and discarded by an appropriate method in accordance with relevant local regulations.
- An exposure to larger quantities of sodium azide may cause certain health issues like convulsions, low blood pressure and heart rate, loss of consciousness, lung injury and respiratory failure.
- QDx Instacheck™ Testosterone will provide accurate and reliable results subject to the following conditions.
 - QDx Instacheck™ Testosterone should be used only in conjunction QDx Instacheck™ Reader.
 - Any anticoagulants other than EDTA should be avoided.

STORAGE AND STABILITY

- The cartridge is stable for 20 months (while sealed in an aluminum foil pouch) if stored at 4-30 °C.
- The detection buffer pre-dispensed in a tube is stable for 20 months if stored at 2-8 °C.
- The displacing reagent dispensed in a vial is stable for 20 months if stored at 2-8 °C.
- After the cartridge pouch is opened, the test should be performed immediately.

LIMITATIONS OF THE TEST SYSTEM

- The test may yield false positive result(s) due to the cross-reactions and/or non-specific adhesion of certain sample components to the capture/detector antibodies.
- The test may yield false negative result. The non-responsiveness of the antigen to the antibodies is most common where the epitope is masked by some unknown components, so as not to be detected or captured by the antibodies. The instability or degradation of the antigen with time and/or temperature may cause the false negative as it makes antigen unrecognizable by the antibodies.
- Other factors may interfere with the test and cause erroneous results, such as technical/procedural errors, degradation of the test components/reagents or presence of interfering substances in the test samples.
- Any clinical diagnosis based on the test result must be supported by a comprehensive judgment of the concerned physician including clinical symptoms and other relevant test results.

MATERIALS SUPPLIED

REF IFPC-25

Components of QDx Instacheck™ Testosterone

- Cartridge Box:

- Cartridges	25
- ID Chip	1
- Instruction For Use	1
- Sample Mixing Tubes	25
■ Detection Buffer Box:	
- Detection Buffer tubes	25
- Displacing Reagent Vial (1 mL)	1

MATERIALS REQUIRED BUT SUPPLIED ON DEMAND

Following items can be purchased separately from **QDx Instacheck™ Testosterone**. Please contact our sales division for more information.

- **QDx Instacheck™ Reader REF** FPRR010
- Thermal Printer

SAMPLE COLLECTION AND PROCESSING

The sample type for **QDx Instacheck™ Testosterone** is human serum/plasma.

- It is recommended to test the sample within 24 hours after collection.
- The serum or plasma should be separated from the clot by centrifugation within 3 hours after the collection of whole blood.
- Samples may be stored for up to a week at 2-8 °C prior to being tested. If testing will be delayed more than a week, samples should be frozen at -20 °C.
- Samples stored frozen at -20 °C for 3 months showed no performance difference.
- Once the sample was frozen, it should be thawed one time and only for test, because repeated freezing and thawing can result in the changed test values.

TEST SETUP

1. Check the components of **QDx Instacheck™ Testosterone**: Sealed Cartridge, Detection Buffer Tube, Displacing Reagent Vial, Sample Mixing Tubes and ID Chip.
2. Ensure that the lot number of the test cartridge matches with that of the ID chip, Displacing Reagent as well as the detection buffer.
3. Keep the sealed cartridge (if stored in refrigerator) and detection buffer tube at room temperature for at least 30 minutes just prior to performing the test. Place the cartridge on a clean, dust-free and flat surface.
4. Turn on power supply of the **QDx Instacheck™ Reader**.
5. Insert the ID chip into the 'ID Chip Port' of the **QDx Instacheck™ Reader**.
6. Press 'Select' button on the **QDx Instacheck™ Reader**.
(Please refer to the '**QDx Instacheck™ Reader Operation Manual**' for complete information and operating instructions.)

CAUTION

- To minimize erroneous test results, we suggest that the ambient temperature of the cartridge should be 25 °C during the reaction time after loading sample mixture to the cartridge.
- To maintain the ambient temperature to 25 °C, you can use various devices such as an i-Chamber or an incubator and so on.

TEST PROCEDURE

[Multi mode]

1. Transfer 30 µL of displacing reagent to the sample mixing tube.
2. Transfer 75 µL of sample (Human serum/plasma/control) using a transfer pipette to a sample mixing tube containing the displacing reagent.
3. Close the lid of the sample mixing tube and mix the sample

- thoroughly by shaking it about 10 times.
4. Incubation the tube at room temperature for 3 minutes.
5. Pipette out 75 µL of a sample mixture and load it into the detection buffer tube.
6. Close the lid of the detection buffer tube and mix the sample thoroughly by shaking it about 10 times. (The sample mixture must be used immediately.)
7. Pipette out 75 µL of a sample mixture and load it into the sample well on the cartridge.
8. Insert the sample-loaded cartridge into the slot of the i-Chamber or an incubator (25 °C).
9. Leave the sample-loaded cartridge in the i-Chamber or an incubator for 12 minutes.
10. For scanning the sample-loaded cartridge, insert it into the test cartridge holder of the **QDx Instacheck™ Reader**. Ensure proper orientation of the test cartridge before pushing it all the way inside the test cartridge holder. An arrow has been marked on the test cartridge especially for this purpose.
11. Press 'Select' button on the **QDx Instacheck™ Reader** to start the scanning process.
12. **QDx Instacheck™ Reader** will start scanning the sample-loaded test cartridge immediately.
13. Read the test result on the display screen of the **QDx Instacheck™ Reader**.

INTERPRETATION OF TEST RESULT

- **QDx Instacheck™ Reader** calculates the test result automatically and displays testosterone concentration of the test sample in terms of ng/mL.
- The cut-off (reference range): 2-8 ng/mL
- Working range: 1-10 ng/mL

QUALITY CONTROL

- Quality control tests should be performed as a part of the good testing practice to confirm the expected quality control results and validity of the assay as well as to ensure accuracy of the test results with clinical samples.
- A quality control test should be performed at regular intervals. Before testing a clinical sample using a new test lot, control reagents should be tested to confirm the test procedure, and to verify whether the test produces the expected quality control results. Quality control tests should also be performed whenever there is any question concerning the validity of the test results.
- Control reagents are not provided with **QDx Instacheck™ Testosterone**. For more information regarding obtaining the control reagents, contact the technical section at **Diasys Diagnostics India Private Limited**.
- **Internal Control: QDx Instacheck™ Testosterone** test has an in-built quality control indicator that satisfies the routine quality control requirements. This internal control test is performed automatically each time a clinical sample is tested. An invalid result from the internal control leads to display an error message on the **QDx Instacheck™ Reader** indicating that the test should be repeated.

PERFORMANCE CHARACTERISTICS

1. **Specificity:** There, in test samples, are biomolecules such as the below table in higher concentration than their normal physiological levels. But this doesn't interfere with the **QDx Instacheck™ Testosterone** test measurements, nor occurs any significant cross-reactivity.

Compound	Spiked concentration (ng/mL)	Cross-reactivity (%)
Androstenedione	10	1
Cortisol	1,000	ND*
DHEA	1,000	ND
Estradiol	50	ND
Oxymetholone	100	2.14
Progesterone(17- α)	1,000	0.52
Hydroxyprogesterone	1,000	0.21
Cortisone	1,000	ND
Dihydrotestosterone	50	16

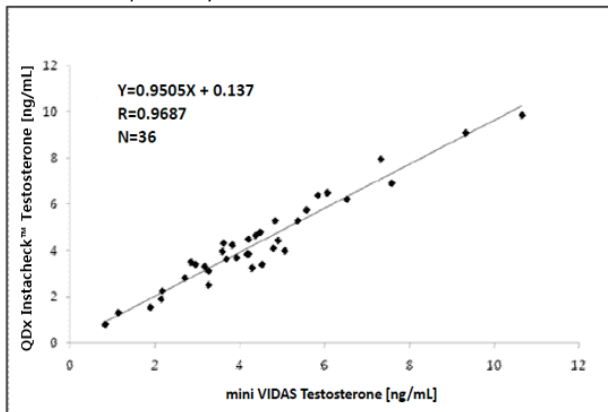
*ND : Not Detected

*None of the substance tested interfered in the assay

2. **Precision:** The intra-assay precision was calculated by one evaluator, who tested different concentration of control standard twenty times each with three different lots of **QDx Instacheck™ Testosterone**. The inter-assay precision was confirmed by 3 different evaluators with 3 different lots, testing ten times each different concentrations.

Sample (ng/mL)	Intra-assay		Inter-assay	
	Mean (ng/mL)	CV (%)	Mean (ng/mL)	CV (%)
1.17	1.17	16.14	1.22	16.4
2.5	2.47	7.58	2.4	14.67
5.5	5.52	4.59	5.72	6.83
9.43	9.43	1.88	9.43	3.39

3. **Comparability:** Testosterone concentrations of 36 clinical samples were quantified independently with **QDx Instacheck™ Testosterone** and mini VIDAS (BioMerieux Inc. France) as per prescribed test procedures. Test results were compared and their comparability was investigated with linear regression and coefficient of correlation (R). Linear regression and coefficient of correlation between the two tests were $Y = 0.9505X + 0.137$ and $R = 0.9687$ respectively.



REFERENCES

- Wilson, J.D., George, F.W., and Griffin, J.E. The hormonal control of sexual development. *Science*, 1981, 211: 1278 – 1284.
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- Tulsidas G. Shrivastav. Matrix interference in direct total Testosterone enzyme immunoassay and It's elimination with the use of non-cross reactivity steroids in serum based standards. *Health and Population Perspectives and Issues*, 2002,25(2):55-64.

Note: Please refer to the table below to identify various symbols.

	Sufficient for <n> tests
	Read instruction for use
	Use by Date
	Batch code
	Catalog number
	Caution
	Manufacturer
	Authorized representative of the European Community
	In vitro diagnostic medical device
	Temperature limit
	Do not reuse
	This product fulfills the requirements of the Directive 98/79/EC on in vitro diagnostic medical devices



Boditech Med Incorporated

43, Geodudanji 1-gil, Dongnae-myeon,
Chuncheon-si, Gang-won-do, 24398, Korea
Tel: +(82) -33-243-1400
Fax: +(82) -33-243-9373
www.boditech.co.kr



Obelis s.a

Bd. Général Wahis 53,
1030 Brussels, BELGIUM
Tel: +(32) -2-732-59-54
Fax: +(32) -2-732-60-03
E-Mail: mail@obelis.net

Imported and Marketed by
Diasys Diagnostics India Private Limited
No 53, Ground Floor, Saravana Nagar,
3rd street, Perungudi,
Chennai 600096
Tamilnadu, India

Contact us on
Toll free No. India
1800-120-1447

e-mail us at
qmsupport.india@diasys.in
www.diasys.in

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